



Building Abilities ~ Creating Opportunities ~ Developing Relationships

Day Program Services

The Sample Supports Day Program is unique in that **we offer full 30 hours programming** for all clients each week, and strive to employ all day program clients on one of our work crews. This includes providing extensive individualized and incentive based programming to increase client accountability for behavior while promoting independence.

Volunteer Opportunities: Our day program operates on the philosophy that all clients should be employed. As a result, all day program activities through Sample Supports are focused on acquiring and retaining job skills, including **teamwork, social skills, decision making, problem solving, self-management, and adaptability**. Clients engage in daily and weekly volunteer work for local businesses to introduce them to a routine and practice the skills needed to maintain successful employment.

Site-Based Classes: Our day program provides a **variety of classes and activities** on site to maintain and build upon current skills, promote independence, and add creativity to the lives of the clients. Through **education, socialization, and recreation** the clients are able to positively enhance their skills and **develop new knowledge and interests**.

Individualized Programming: Our day program offers **specialized behavior supports** for clients who may have rights restrictions or other increased supervision needs. All staff members are trained to teach **coping skills and replacement behaviors** while encouraging **positive behavior development** and appropriately follow support plans for each individual. Working on an individual level allows clients to maintain appropriate involvement in group settings while also providing a plan for improving behavior.

Incentive Based Programming: Daily and weekly goals are set for each client in our day program, and incentives are tied to each goal. Holding clients accountable for their goals and offering incentives allows us to teach more **self regulation skills, to proactively manage behavior, and to teach goal making and follow through**. Incentive based programming also promotes a sense of **peer accountability**, and encourages all clients to be better peers and employees. Each client is assigned a **“primary mentor”** with whom they work to set and review weekly goals.

Supported Employment Work Crews: All clients involved in our day program are also involved in one of our work crews, where they earn **specialized wages while receiving skilled supervision**. We have developed “in-house” crews to provide dynamic programming options to keep our clients engaged and motivated to work. We also contract with local businesses to provide work elsewhere in the community. Our crew opportunities include:

- Lawn Maintenance
- Office Cleaning
- Packaging / Production
- Restocking Vending Machines

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